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Spring Break

Spring Break is just around the corner. Cy-Fair, Tomball and Klein school districts will be out at the same time this year.

March 14-18.

WE WILL BE OPEN!!!!

School age children please remember to bring a sack lunch! We will have plenty of activities to keep the kids busy. A lot of outdoor play planned (weather permitting). Indoor play, games and art projects!

Welcome

We would like to welcome all of our new children and their families to the daycare! We are so glad you chose to join our Grant Road family.

Paul Davidson

Jordyn Nieves

Allen & Shirley Nguyen

Also our new teacher Ms. Rachel!!!

We are so glad you're with us and we can't wait to get to know you all! If you have any questions or there is anything you need please stop by the office and we will be more than happy to help!

Daylight Savings

Don't forget to reset your clocks!!!!

MARCH 13th Daylight savings time begins.

You won't want to be late come Monday

morning! At least now you get to come home and it's still daylight outside! The kids will be able to run around outside before dinner and blow off some energy!

School will be out soon!!! June 1st which is a Wednesday. We have an awesome summer program with a ton of fun planned! We hope to see you all here this summer.

Easter Party

The Easter bunny will be hopping by....though you might not see him! He will leave us special treats hidden all around the daycare!

We will have our Easter egg hunt in the backyard. If it is a rainy day we will go to the blue room for our Easter fun.

Our preschool Easter party will be held

Thursday, April 21st.

Please **DO NOT** bring Easter baskets, We do not have room for them and the children will be making their own special bags in their class!

Please have your child bring 3 plastic eggs with wrapped candy inside. We will also have snacks and games and stories! If you would like to par-

ticipate we need cupcakes and cookies for snack!

We would also like to encourage the parents and grandparents to come and join us. Having you here with us makes the day so special for your little ones.



Free Daycare

Spread the word! Our business has thrived through word of mouth advertising for almost 40yrs. Keep up the good work Grant Road family! We still rely on our hard work and effort to bring in new GRDC family members.

Did you know that if you recommend us to a friend and they begin attending the daycare that you can receive a credit for free daycare? For more information and questions please speak to someone in the front office.

Portraits

Spring Portraits will be done by Life Touch again. Time to find those cute and handsome outfits for the day! We will do our best to be sure hair is combed, noses and faces are

cleaned before the pictures are taken. We will also have cap and gown portraits taken for our Kindergarten class. We will provide them with a cap and gown for pictures. All pictures will be

available for viewing and purchase around two weeks after the photos are taken. These portraits will be taken Friday, April 1st between 7:45am & 10:30am.

Reminders

- If you have a school age child please remember to pack them a lunch the days they will be with us while out of school.
- Clean out your children's boxes every Friday, this is when we throw out all trash and sanitize boxes & tote trays.
- Write your child's name in everything they bring to the daycare. This is the only way we can identify what items belong to your child. If your child is missing something feel free to look in the lost and found by the sign-in area.
- All fees are due every Monday each week, unless you pay monthly.
- Sign your child in/out **DAI-LY!!!!**
- Please notify us of any change in home, work or cell phone numbers. It is important we have updated contact information in case of an emergency.
- Preschool Parents please don't forget to check for your little ones school work in the yellow file box by the front door. They have worked very hard and would like to show you how well they have done! If your
- child is in Ms. Donna's class please don't forget to empty and return your manila folders.
- We will be **CLOSED** Good Friday, April 22, 2011, Also Memorial Day May 30, 2011.
- Mother's Day is May 8th!
- We check our toys regularly to make sure they are safe and have not been recalled. If you have questions or concerns about your toys at home you can visit www.recalls.gov to check for any recently recalled toys.

Brush Basics

Why do we brush our teeth?

Brushing your teeth is one of the most effective ways to removing plaque from the exposed surfaces of your teeth.

What's the best kind of brush to use?

Contrary to what you might think, a gentle brushing with a soft-bristle toothbrush is just as effective (and less damaging!) than a vigorous scrubbing with a stiff-bristle toothbrush.

Your tooth enamel is relatively thin. Years of aggressive brushing can begin to wear away the enamel and make the teeth sensitive. (remember, the enamel on tongue teeth does not contain nerve fibers, but the dentin layer underneath does. See the Healthy Teeth page on cavities.) Brushing too hard can also damage your gums.

What is the best way to Brush

There are different styles of tooth brushing. The important thing to remember is that an effective brushing cleans every exposed tooth surface in a gentle, massaging motion.

How long do you take to brush your teeth? Most people think they brush for at least a minute or two, but in reality they brush for 30 seconds or less.

Time yourself and see how you do. An effective brushing takes 2-3 minutes.

Floss is the Boss

Brushing alone isn't enough to clean all of the plaque from the surface of your teeth. Interproximal areas (those place in between your teeth) and below the gum line are two spots where the toothbrush can't reach and plaque can build up. These are areas that are more susceptible to cavities. Daily flossing and regular visits to your dentist are the only effective ways to remove this plaque.

Dental Fact:

Did you know that failing to floss means up to 35% of your tooth surface goes uncleaned? Dental floss is a man-made fiber (usually made of nylon) that comes on a spool. Ask your parents or your dentist how to correctly use dental floss if you're not sure.

5 steps to a Healthy Smile

1. Don't Wait until it's too late!

Visit your dentist regularly for preventative checkups and cleaning. Your dentist is trained to see the hidden problems you can't.

2. Floss is the Boss!

Floss your teeth once everyday. Dental floss reaches many areas that your toothbrush cant.

3. Eat and Drink, But Be sure to think!

It's important to eat a well-balanced diet and avoid excessive snacking between meals-especially sticky sweet things like candy.

4. Be Good to those Gums!

Keep an eye on your gums for signs of gum disease. Puffy red or tender gums, gums that bleed or persist bad breath are sign sthat you need to see your dentist riht away.

5. It takes a while to brush your smile!

Brush your teeth carefully at least once a day. Remember, a thorough job takes 2 1/2 to 3 minutes.

Gymnastics /Tae Kwan Do

Every Monday we have Gymnastics for all ages. Mini -Meets are held periodically to which parents will be invited. If you are not yet signed up for Gymnastics you can speak to some in the office about doing so.

We also have Beginner & Advanced Tae Kwan Do every Tuesday, Wednesday and Thursday after school. These classes are held in the blue room at the Daycare. We are proud to say the children now have belts of all colors, including a few Black Belts!!! Each achievement is truly a magnificent rise in self esteem for the kids! We are so proud of how well they are doing and how far they have come in their commitment to the sport! Great job to our black belts! You have worked so hard and been so dedicated.

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Peace of mind for the working
parent.

Happy Birthday!

March: 2yrs. Jax Lewis. **5yrs.** Nolan Craig, Edwin Grafton, Abigail Shelton, Peyton Unruh. **6yrs.** Katelyn Duong. **8yrs.** Bryce Dowling, Koa Schroeder. **9 yrs.** Sydney Riley.

April: 2yrs. Arden Hargrave, **3yrs.** Lucas Triplett, Chelsea Martin, 4yrs. Liam Camaille, Audree Popp. **5yrs.** Isaiah Madrid, Vivian Netterville.

May: 3yrs. Emily Westerbeck, Emma Westerbeck. **4yrs.** Emily Bauman, Savanna Lester. **5yrs.** Jake McDonald. **8yrs.** Jett Williams. **11yrs.** Sidney Groves.

Grantroaddaycare.com



Fruity Frog

This apple-
phibious treat
is so charm-
ing, your kids
may not even
notice that it's
good for
them.

Ingredients

- Green apple (such as a Granny Smith)
- Cream cheese
- Chocolate chips
- Green grapes

Instructions

1. Cut the apple into quarters and remove the core. Cut a thin wedge from one quarter for a mouth. For the eyes, shape cream cheese into two half-inch balls, and set them in place. Insert a chocolate chip, point-side in, into each cream cheese ball.
2. Use the grapes, cut in half, for the legs and feet. Slice four halves to create toes. Arrange the pieces as shown and serve on a paper lily pad.

